

HALLOWEEN CAMP

General Information
October 29-30, 2010



Thank you for choosing YMCA Camp Pentalouan! We are looking forward to seeing our new friends and many returning faces this upcoming weekend. The fall colors should be great and so should the activities we have planned. Please read this confirmation packet thoroughly. Enclosed you will find a "What to Bring" list, directions to camp, and (if needed) a health form. Feel free to call the Pentalouan office at 231-894-4538 with any questions.

A Halloween weekend would not be complete without a haunted adventure, a scary scavenger hunt, and a campfire with some ghost stories. We will also have a costume party so you'll have a chance to show off your costume. Come prepared to have some fun. See you soon!

Check-In & Check-Out at Camp

Check-in: Friday, October 29th at 4:30-5:00 p.m.

Check-out: Saturday, October 30th at 5:00 p.m.

Please check-in/out at Nikana Lodge.

Dinner will
be served
Friday
evening after
check-in.

Health Form

The Health History Form must be turned into camp prior to or at check-in. The health form is not included in your packet if your camper has a current record on file, otherwise please complete the form as thoroughly as possible.

Medications

Medications must be packaged in original bottles with the camper's name and the correct dosage on it.

Packing Hints

This is just a guide for packing. It is not necessary to go out and buy anything on the list—use your own judgment and make substitutions. Please remember your camper will be very active and camp is rough on clothes. For this reason, we recommend that campers do not bring expensive clothing items to camp. All clothes are subject to water, sand, mud, spills, and/or grass stains. The end of October is generally chilly, so please pack accordingly. As in the summer, please **do not bring** any electronic equipment, food, gum, target sports equipment, knives, fireworks, tobacco in any form, alcoholic beverages or illegal drugs.

Halloween:

Costume

Props

Sleeping:

Pajamas

Sleeping Bag

Pillow

Other:

Prescription Medication

Flashlight

Clothes:

Long Sleeve T-Shirt

Shoes, old gym shoes or boots

Jacket/Sweatshirt

Coat, Gloves, Hat

Pants/Jeans

Socks

Underwear

Raincoat/Poncho

Toiletries:

Soap & Shampoo

Toothbrush & Toothpaste

Deodorant

Comb/Brush

Bath Towel & Wash Cloth

Optional:

Camera & Film

Please label everything your camper brings to camp.

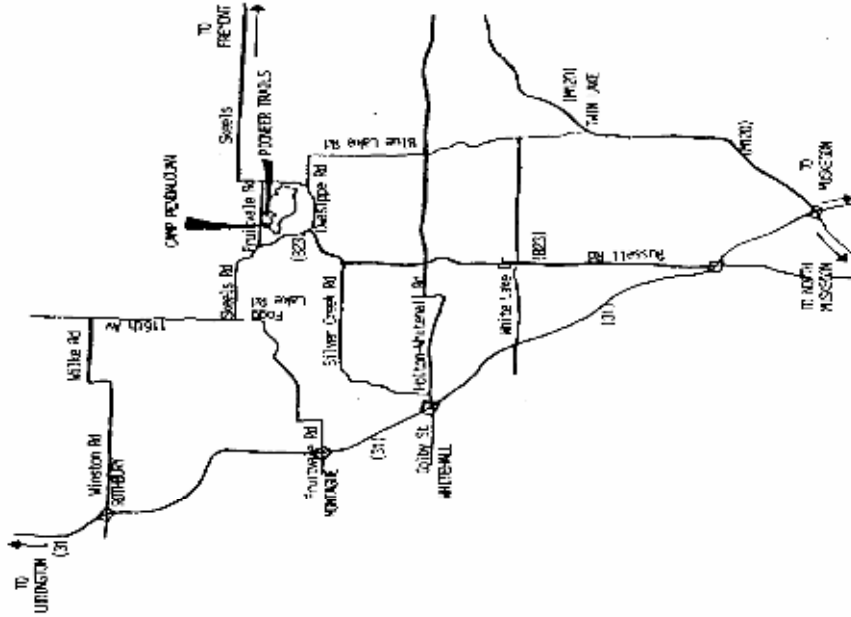


1243 E. Fruitvale Rd, Montague MI 49437



Halloween Camp confirmation.

Map to YMCA Camp Pendlouan



Directions to Camp....

For GPS (and Mapquest) directions, type in E Fruitvale Rd & Blue Lake Rd, 49425

FROM THE NORTH

- Take US 31 South
- Take the COLBY ROAD Exit
- Take a left on Colby Road. Go a 1/2 mile to Silver Creek Road.
- Take a left on Silver Creek Road. Go 5.1 miles. Silver Creek Road will end at Russell Road.
- Take a left onto Russell Road. Go 2.4 miles. Russell Road will end at Fruitvale Road.
- Take a right on Fruitvale Road. Go 6/10 mile, Camp Pendlouan is on the right. **OR**
- 37 South to 20 West (approximately 91 miles from Traverse City).
- Take a right onto 20 West
- Go approximately 13 miles to Hesperia.
- In Hesperia, take a left onto M120 West.
- Follow M120 West for several miles to Skeels Road (four-way stop).
- Take a right onto Skeels Road.
- Go 9 miles to Fruitvale Road
- Go approximately 1.5 miles.
- Pendlouan is on the left hand side of the road.

FROM THE SOUTH

- Take US 31 North.
- Take the Russell Road Exit (approximately 6.5 miles from the Apple Avenue Exit).
- Turn right onto Russell Road
- Follow Russell Road all the way until it ends (Russell Rd. twists and turns, be sure to follow the signs for Muskegon County B-23).
- The second STOP sign (approx. 10 miles from the expressway) is FRUITVALE ROAD. Turn RIGHT.
- Go approximately 6/10 miles on Fruitvale Road to the Camp Pendlouan sign and the entrance on the RIGHT.

Health History pg 2

Camper Name _____

Are immunizations up to date? Yes No

If no, please explain _____

General Questions (Explain "yes" answers below.)

Has/does the participant: (circle any that apply)

- | | |
|---|---|
| 1. have frequent headaches or migraines? | 8. have a history of bed-wetting? |
| 2. wear glasses, contacts or protective eye wear? | 9. ever had an eating disorder? |
| 3. ever had frequent ear infections? | 10. have problems with sleepwalking? |
| 4. ever had seizures? | 11. have frequent nosebleeds? |
| 5. have diabetes? | 12. have braces? |
| 6. have asthma? | 13. have problems with dizziness? |
| 7. ever been diagnosed with a learning or behavioral disorder? (e.g. ADD, ADHD) | 14. have chronic heart or lung condition? |

Please explain any "yes" answers, noting the number of the question.

Restrictions

The following restrictions apply to this individual.

Dietary

- | | | |
|--|---|--|
| <input type="checkbox"/> does not eat red meat | <input type="checkbox"/> does not eat pork | <input type="checkbox"/> does not eat eggs |
| <input type="checkbox"/> does not eat poultry | <input type="checkbox"/> does not eat seafood | <input type="checkbox"/> does not eat dairy products |
| <input type="checkbox"/> other | | |

Explain any restrictions to activity (e.g. what cannot be done, what adaptations or limitations are necessary)

Use this space to provide any additional information about the participant's behavior, physical, emotional, or mental health that the camp should be aware. (Attach an additional sheet if necessary.)

List the names and phone numbers to whom the camper may be released: (other than the parents/guardians listed on the application)

Name: _____ Phone: _____

Name: _____ Phone: _____

I hereby certify that the above-named camper is in good physical health and subject to the camp rules and regulations.

Parent/Guardian grants full permission to YMCA Camp Pandalouan to use any photograph, video tape, film, or motion picture of camper and/or family in promotional materials.

I understand that there are certain risks involved in camping activities. By signing below, I agree to defend, indemnify and hold harmless YMCA Camp Pandalouan / the Muskegon Family YMCA, it's officers, employees, and representatives from and against any and all liability, loss, damage, injury, or death arising from acts connected with any camp activities, use of facilities and equipment, or interaction with any campers or staff. YMCA Camp Pandalouan reserves the right to cancel any program scheduled or currently in progress at camp.

Permission to Provide Necessary Treatment or Emergency Care:

I hereby give permission to the medical personnel selected by the camp director to order x-rays, routine tests, treatment; to release any records necessary for insurance purposes; and to provide or arrange necessary transportation for me/or my child. In the event I cannot be reached in an emergency, I hereby give permission to the physician selected by the camp director to secure and administer treatment, including hospitalization, for the person named above. The completed form may be photocopied for trips out of camp.

Signature of parent or guardian if under age 18 _____

Date _____