



YMCA Camp Pendalouan • 1243 East Fruitvale Road, • Montague, MI 49437

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[www.pendalouan.org](http://www.pendalouan.org)

Dear Counselor-in-Training Applicant,

Thanks for your interest in becoming a Counselor-in-Training (CIT) for the summer of 2010. This CIT Program is an excellent way to further your personal camp experience while helping you in the transition from camper to counselor.

WHO SHOULD APPLY:

Sixteen year olds interested in developing communication, leadership and camping skills, as well as skills and experience needed to be a great camp leader. Applicants should be available for all of the CIT Training period.

TIME COMMITMENT:

CIT Training takes place at Camp Pendalouan from June 20 – July 2, 2010. CITs will then need to be available for a third week of camp later in the summer, to be scheduled upon acceptance.

COST:

The fee for our CIT Program is \$550. This will cover all training, materials, and the additional programs for CITs.

HOW TO APPLY:

If you feel that the Camp Pendalouan CIT Program is for you, please fill out the enclosed application. You will also need to give the Reference Forms to three different individuals. Once the application form and all reference forms have been received, I will be contacting you to set up an interview. All application materials should be sent to:

CIT Application  
YMCA Camp Pendalouan  
1243 E. Fruitvale Rd.  
Montague, MI 49437

If you have any questions, please feel free to contact me at the camp office. I look forward to hearing from you soon!

Sincerely,

Lori Willson  
Associate Executive Director

## YMCA Camp Pandalouan CIT Leadership Program

### Qualifications of a CIT:

- Must be 16 before the start of CIT Training
- Loves children
- Open to new experiences and challenges
- Enjoys the outdoors
- Able to communicate with children, peers, and adults
- Able to conform to the policies of Camp Pandalouan
- Will put the needs of campers ahead of their own needs
- Agrees with and upholds the mission of the YMCA (see mission statement below)

### Participant Acceptance:

Because the CIT Leadership Program is designed to prepare participants for positions at summer camps, acceptance is contingent upon successful completion of an application and interview. If the conduct of a CIT does not live up to Camp Pandalouan's expectations, they will be asked to leave the program. The program includes the two training weeks and a third week assisting with a cabin and camp activities.

### What CITs can expect from Camp:

- Leadership Training
- Activity Training
- Camping skills
- Communication skills
- CIT-only activities
- Great role-models
- Skills for dealing with children
- Frequent evaluations of performance
- Glimpse into the daily life of a counselor
- FUN TIMES

### What Camp expects from CITs:

- Active participation in all training activities
- Exemplary behavior as a role model to younger campers
- To live in a CIT tent village during their training weeks and in a cabin with a Cabin Counselor for their third week
- To set and achieve goals for each week
- Assist in opening and closing day activities
- Observe and assist with all camp activities
- Be aware and sensitive to the needs of the younger campers

### Muskegon Family YMCA Mission

*To put Judeo-Christian Principles into practice through programs that build healthy spirit, mind, and body for the individual, family, and community.*



# CIT APPLICATION

## Applicant Information

Full Name: \_\_\_\_\_ Prefer to be called: \_\_\_\_\_

Birthday: \_\_\_\_\_ (must be 16 by June 20, 2010) Gender: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Phone: (\_\_\_\_) \_\_\_\_\_ Email: \_\_\_\_\_

Parent/Guardian Name(s) \_\_\_\_\_

Address (If different than above): \_\_\_\_\_

Phone: (\_\_\_\_) \_\_\_\_\_ Email: \_\_\_\_\_

Name of High School: \_\_\_\_\_ Current Grade: \_\_\_\_\_

Are you currently certified in any of the following?

CPR: \_\_\_\_\_ Expiration Date : \_\_\_\_\_

First Aid: \_\_\_\_\_ Expiration Date : \_\_\_\_\_

Lifeguard: \_\_\_\_\_ Expiration Date : \_\_\_\_\_

Other(s): \_\_\_\_\_

## References:

Please list the names of the references to whom you plan to send the enclosed forms. References may include employers, teachers, clergy, coaches, and camp staff.

1) \_\_\_\_\_ Phone (\_\_\_\_) \_\_\_\_\_

2) \_\_\_\_\_ Phone (\_\_\_\_) \_\_\_\_\_

3) \_\_\_\_\_ Phone (\_\_\_\_) \_\_\_\_\_

Employment and Volunteer History:

1) Organization: \_\_\_\_\_ Dates: From \_\_\_\_\_ To \_\_\_\_\_

Phone: (\_\_\_\_) \_\_\_\_\_ Supervisor's Name: \_\_\_\_\_

2) Organization: \_\_\_\_\_ Dates: From \_\_\_\_\_ To \_\_\_\_\_

Phone: (\_\_\_\_) \_\_\_\_\_ Supervisor's Name: \_\_\_\_\_

Please describe any previous leadership training you have participated in.

Please list camps you have attended, duration, and your experiences.

Please describe any experience working with children.

Name someone whose ability to work with kids you find admirable. What is it you admire about this person?

Why do you want to be a CIT at Camp Pandalouan?

What do you expect to gain from the CIT Program?

What can you do that will make a camper's week unforgettable?

\*\*\*\*\*  
The initial training portion of the CIT program occurs from June 20 – July 2, 2010. Please request the third, in-cabin week you would most prefer. While we try to honor each CIT's request, third weeks are assigned based on camper enrollment.

|           |              |                |       |
|-----------|--------------|----------------|-------|
| Session 3 | July 6 - 9   | First Choice:  | _____ |
| Session 4 | July 11 - 16 | Second Choice: | _____ |
| Session 5 | July 18 - 23 | Third Choice:  | _____ |
| Session 6 | July 25 - 30 |                |       |

\*\*\*\*\*  
*I understand that an interview must be conducted before I am accepted into the CIT Program.*

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Please return application and references to:  
CIT Application  
YMCA Camp Pandalouan  
1243 E Fruitvale Rd  
Montague, MI 49437



Please return to:  
 CIT Application  
 YMCA Camp Pandalouan  
 1243 E. Fruitvale Road  
 Montague, MI 49437

### Counselor-In-Training Reference

This form has been given to you by an applicant who wishes to be accepted into YMCA Camp Pandalouan's Counselor-In-Training Program. Please help us by checking the column that best describes each attribute of the applicant in your dealings with him/ her. The applicant will be learning necessary skills for dealing with younger campers in a resident camp setting.

Your prompt and honest response is necessary for us to further process the application.

Name of Applicant \_\_\_\_\_ Date \_\_\_\_\_

|                          | Strong | Average | Weak | Don't Know |                                | Strong | Average | Weak | Don't Know |
|--------------------------|--------|---------|------|------------|--------------------------------|--------|---------|------|------------|
| Honest / shows integrity |        |         |      |            | Emotional stability            |        |         |      |            |
| Caring and patient       |        |         |      |            | Personal appearance            |        |         |      |            |
| Respectful of others     |        |         |      |            | Follows rules                  |        |         |      |            |
| Responsible              |        |         |      |            | Self-care                      |        |         |      |            |
| Positive role model      |        |         |      |            | Willing to learn               |        |         |      |            |
| Finishes tasks           |        |         |      |            | Social skills with other teens |        |         |      |            |
| Healthy and energetic    |        |         |      |            | Attitude towards authority     |        |         |      |            |

Comments as to applicants overall personality and suitability for working with children...

Signature \_\_\_\_\_ Date \_\_\_\_\_

Printed Name \_\_\_\_\_

Relationship to applicant \_\_\_\_\_ For how long? \_\_\_\_\_

Phone \_\_\_\_\_ E-mail \_\_\_\_\_

Thank you very much for your time!